



CHIMES

Whittier First UMC

Good News for All...through learning, action, and love

IN-PERSON & ONLINE Worship every Sunday @ 10am

 **Whittier First United Methodist Church**

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WhittierFirstUMC.com | Info@WhittierFirstUMC.com | 562.698.0022 | 13222 Bailey St., Whittier CA 90601 | 9.23.21



12 STEPS TO FAITH

SERMON SERIES
9/19- 10/24

“In the 12-step process, once we have acknowledged that God is our source of strength, we are invited to surrender ourselves to the care of God. When we lean in towards God's truth and care we find that we have incredible strength to overcome the biggest obstacles. With the empowerment of the Spirit, we can then look inward and take an inventory of our shortcomings. Transparency and truth become the tools that lead us towards a beautiful life filled with faith!”

–Pastor Angela

Sept 19th, 12 Steps to Faith: *Exodus 15: 1-6*

1. Life can be overwhelming. We have no control over it.
2. God is all powerful and is our source of strength.

Sept 26th, 12 Steps to Faith: *Romans 12: 1-5*

3. We surrender ourselves fully to the care of God.
4. With honesty, we take an inventory of our shortcomings that damage us and others.

Oct 3rd, 12 Steps to Faith: *James 5: 13-16*

5. We confess our shortcomings to God, ourselves and another.
6. We prepare our hearts for the removal of our shortcomings.

Oct 10th, 12 Steps to Faith: *Nehemiah 1: 5-11*

7. We then welcome God to remove our shortcomings.
8. We make a list of who we have harmed in order to make amends

Oct 17th, 12 Steps to Faith: *Acts 2: 37-42*

9. We make amends without harm.
10. We are steadfast in our self-awareness & continue to make amends.

Oct 24th, 12 Steps to Faith: *Psalms 119: 10-16*

11. We pray & meditate to become more aware of God's presence & will.
12. We share the God's message thru the 12-step program.

October BIRTHDAYS

3rd	Gerhard Schaefer	18th	Robin Smith
5th	Kimball Coburn	19th	Jonas Sanchez
5th	Barbara Strout	19th	David Winans
6th	Gloria Grubb	20th	Susan Heninger
8th	Linda Cheatham	21st	Dottie Andersen
8th	Marvin Neumann	23rd	John Peel
8th	Laurie Peel	26th	Rose Carnahan
17th	Richard Kelly	30th	Jenny Brown

If you would like to be included on the birthday list, please let the church office know about your special day.

SAVE THE DATE:

All-Church Conference

Wednesday, November 3 @ 6pm via Zoom

SHAWL MINISTRY

Every last Monday
of the month @ 1:30pm
next one—September 27th

Kraft Friendship Room

Knitters & crocheters
welcome—All levels invited!

Contact Judy Flanders with
questions, 562.692.7930

Piano/Keyboard Clinic

Thomas Strout is offering an introduction to the piano or organ. The lessons, once a week for a month, would allow students and/or parents the opportunity to determine their interest in music lessons. Please call the church office 562-698-022 or 562-696-4326 for fees and scheduling information. Partner lessons are available as well as instruction for the very young, if accompanied by a parent.

Guided Meditation for Compassion

Wednesday, Sept 29 @ 6pm on Zoom

Pastor Angela leads this meditation every last Wednesday of the month which entails: breathing and embracing the Spirit, showing compassion to yourself, and practicing kindness and compassion towards others. Contact the office for a Zoom link, 562.698.0022.

Fall Field Day Sunday, October 10th @ 1pm, Michigan Park

Bring your blankets or chairs and picnic lunch. There will be games and activities for children and adults including an intergenerational kick ball game!